



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA of Silicon Valley Y Super Scholars Program

**Mountain View Whisman School District
Fall 2020**

Program Summary

At the YMCA , we continue to make safety a priority to protect our families and staff. YMCA fall programs have been adapted to ensure that the environment adheres to the strictest COVID-19 regulations from the CDC and local guidance. To meet the needs of our community while youth are distance learning, we will be offering academic support in a safe and socially supportive environment through stable learning groups consisting of no more than 12 youth. In collaboration with our community partners, the YMCA has successfully provided full-day support for families in need since March. While we continually update our practices to fit the current health and safety regulations, the constant focus of our program continues to be fostering friendships, belonging and achievement. We are looking forward to welcoming you and your child to our community.

Program History

- March 13, 2020 School Closures
- Essential Workers Camp March 23- June 5
 - 11 Weeks
 - Partnership with El Camino Health
 - Partnership with Morgan Hill Unified
- YMCA Summer Day Camp June 8- August 7
 - 9 weeks
 - 9 locations
 - Served 1,282 campers

What We Learned & Continue To Implement

- Supporting Distance Learning
 - Daily Check In with Families for Online Distance Learning Schedule
 - On Average youth participated in 2-3 Zoom sessions per day
 - Understanding their schedules; Zoom times, link information and setting alarm reminders assisted
 - Families provided laptops or tablets for their youth and our Y provided additional chargers and backup laptops
 - End of day follow up with families occurred regarding completed work, technical issues and questions
- Physical Activity
 - Provided time for youth to exercise and release energy
 - Youth enjoyed outdoor activities to dance parties over the intercom
- Thematic Programming
 - Youth participated in themed week programming with activities, online field trips and dress up/spirit days
 - New themes each week such as Around the World, Under the Sea and Jungle Adventure

Y Super Scholar Program Overview

- Supporting Distance Learning for Students
- Project based learning activities
- Online enrichment (Raz Kids, Soccer for Success, Online field trips)
- Physical and Nutrition lessons and activities (CATCH, Soccer for Success, and Harvest of the month)
- COVID-19 safety awareness
- Fostering the whole child with YMCA Project Cornerstone Developmental Assets curriculum

Program Structure Sample

Focus of the Day: Supporting Distance Learning

Y Staff will monitor set up for virtual classes, ensure students start on time and support technical issues. In addition, provide support with homework and implement some key concepts in projects.

Sample schedule of activities when youth are not in virtual class.

Please note times will vary depending class schedules

Theme of Day: Under the Big Blue Sea

8:00-9:00am - Youth Choice Activities

9:00 - 9:30am - Clean up and wash hands prior to circle time

9:30-10:00am - Circle Time (Group activities including name games/ice breakers, etc.)

10:00-10:30am - What do we know about the Ocean?
(Know/Wonder/Learn Chart)

10:30-12:00pm - Rotation 1 and 2 (45 minutes each)

Rotation 1: Monterey Bay Aquarium Curriculum
https://montereybayaquarium.thinkific.com/courses/tidepool-scientist?_ga=2.200634158.1428468972.1596151870-1620501106.1585948709

Rotation 2: Homework Support

11:15am - Switch Rotations

12:00-12:30pm - Clean up and wash hands prior to lunch

12:30-1:00pm - Lunch (provided by families)

1:00-1:30pm - Clean up and wash hands

1:30-2:00pm - Academic Activity (RAZ Kids)

2:00-3:30pm - Rotation 3 and 4 (45 minutes per)

Rotation 3: How to clean up an Oil Spill

Rotation 4: Homework Support

2:15- Switch rotations

3:30-4:00pm - Clean up and wash hands prior to snack

4:00-4:30pm - Circle Time (Asset of the day sharing and reflections)

4:30-5:00pm - Youth Choice Activities

Site Locations

- Bubb Elementary, 460 Thompson Ave, Mountain View, CA 94043
 - Serving K – 5th grades
- Monta Loma Elementary, 460 Thompson Ave, Mountain View, CA 94043
 - Serving K – 5th grades
- Theuerkauf Elementary, 1625 San Luis Ave, Mountain View, CA 94043
 - Serving K – 5th grades
- Graham Middle, 1175 Castro St, Mountain View, CA 94040
 - Serving 6th – 8th grades

COVID-19 Safety Procedures

- Health Check Expectations before arriving to program
 - Staff will not work in program if they have a fever or are feeling ill.
 - If staff have a medical condition that does not allow for them to wear a face covering, they will not work directly with children.
 - Staff and Children are asked to wear face coverage during program time.
 - The Y will supply a face covering for those that have forgotten their face coverage.
 - Staff and parents must wash the face coverage each night or have multiple face coverage to ensure we can control spread of viruses and germs
 - Face coverings will not be used during moderate to vigorous physical activities
- Health Check Protocol upon arrival at program
 - A health check will be performed with every staff member and student before entering the program.
 - Staff and students with one or more COVID-19 symptoms will not be allowed into program and will be required to get tested.
 - Staff and Caregivers are required to inform the Y if someone in their household or a close contact test positive for COVID-19

COVID-19 Safety Procedures

- Sign In & Out Procedures
 - We ask that parents/guardians not group nor enter our program areas
 - Sign in/out will take place in a general area
 - Parents will be asked to have one primary pick up person
 - Parents will not enter the facility at check out
- Parent guardian agrees to pick up their child if any symptoms are exhibited during program hours.
 - Children will be placed in an identified isolation area away from others until they are picked up by their caregiver.
- Every site will provide education on the signs and symptoms of this virus including handouts and signage.
- The following handwashing protocols will remain in place:
 - Before program
 - Before meals
 - After meals
 - Between program activities
 - Right before going home
- Sanitizing and cleaning
 - All hard surfaces will be cleaned multiple times per day. Tables will be wiped down before and after use.
- Cohorts - Stable Groups of 12 Youth
 - Each group will be assigned to their own areas
 - Each group will be given a set of classroom materials that will be theirs to keep for the duration of the program, this will include, pencil, coloring devices, and scissors
 - We will practice social distancing during activities and groups will not be mixed in a room
 - Staff will remain with their group and will not switch between rooms or groups
 - Our outdoor activities will limit physical interactions and students will not be able to share their equipment as outlined in the County Public Health regulations concerning outdoor equipment
 - Stable groups will stay together for a duration of 3 weeks minimum

Testimonials

My child participated in day-camps and thoroughly enjoyed the activities and the staff. During this time of uncertainty/fear of the pandemic we were weary about sending him to a camp but from what I can tell, the YMCA staff made sure to keep the kids safe and follow CDC health recommendations. - YMCA Day Camp Parent

My son loves the activities and has such a great time. The teachers are so nice/fun. The procedures in place for covid-19 makes you feel safe. And I love the convenience of not having to worry about lunch/snacks since they are included. Overall great experience for child and parent. – YMCA Day Camp Parent

1st off, words can't even describe the gratitude and appreciation I have for the **Y Team!!!** You are all truly amazing and gifted in so many ways – especially for being so welcoming and helping my grandson Michael complete his Chromebook school assignments (HUGE THANK YOU, THANK YOU!!). My grandson looks forward to coming with me to work so he can hang out at the Y for fun activities! This program is truly a blessing and a highlight of having to come to work during a world crisis and knowing my little guy is safe and very well taken care of. **YOU GUYS ARE THE BEST!!** – YMCA Essential Care/Camp Parent



THANK YOU