



Mountain View
Whisman
School District

Board Policies

May 29, 2025



Background

- Board Policy Committee Mtg 2025/05/14
- Inputs:
 - CSBA March 2025 Update
 - Board Member Requests
 - Staff Recommendations
- Outputs
 - Recommendations
- Policy, to be accompanied by AR

Current Batch

- Theme: Student Health
- BP 5030 - Student Wellness
- BP 5141.5 - Mental Health *[new]*

BP 5030 - Student Wellness

- Existing Policy
 - School Wellness policy required by Healthy, Hunger-Free Kids Act of 2010
 - Establishes Wellness Council
 - Goals for nutrition, physical activity, other wellness
 - Program implementation and evaluation
- Updates
 - Prepared and reviewed by Health & Wellness Committee
 - Incorporates Whole School, Whole Community, Whole Child
 - Equitable access, physical activity, and indicators for evaluation

BP 5141.5 - Mental Health

- Emotional well-being and mental health
- Broader than addressing crises
- Social connection, combating stigma, support framework
- Referenced in BP 5141.52 - Suicide Prevention
- Referral protocols needed by Jan 31, 2026 *[SB 153, 2024]*
- Youth behavioral training by Jul 1, 2029 *[SB 153, 2024]*

Questions?