

**Mountain View Whisman School District**

**Resolution 02-050825**

**Acknowledging Mental Health Awareness Month**

WHEREAS, many students in Mountain View Whisman School District have experienced traumatic events, unhoused circumstances, or financial challenges; and

WHEREAS, research has shown that adverse childhood experiences have lasting, harmful impacts and can leave students feeling disenfranchised if not addressed; and

WHEREAS, the early identification of, intervention in, and treatment of mental health and behavioral issues is paramount for a healthy student body and school community; and

WHEREAS, the overuse of social media can result in students feeling disconnected from their peers; and

WHEREAS, the average age of early signs of mental illness is 14, when most students are entering high school; and

WHEREAS, the number of children ages 6-12 who visited children's hospitals for suicidal thoughts or self-harm has more than doubled since 2016, according to the Children's Hospital Association; and

WHEREAS, researchers from the University of Montreal found that students with untreated mental illness are more likely to be chronically absent, more disruptive in class, have lower academic achievement and ultimately drop out; and

WHEREAS, the National Center for School Mental Health reports that when mental health services are on campus, students are more likely to follow through with participating in services, and communication among providers, parents and teachers is more easily facilitated; and

WHEREAS, schools that implement comprehensive mental health systems see improved academic performance, fewer special education placements, decreased disciplinary actions, and higher graduation rates; and

WHEREAS, reducing the stigma surrounding mental health will empower students to speak up when they need help; and

WHEREAS, through their unique role in serving children and youth, School Counselors address student social emotional skills and mental health early and effectively so that students can confidently show what they know; and

WHEREAS, Mountain View Whisman School District is participating in the Children and Youth Behavioral Health Initiative, also known as CYBHI, through the Community Schools Partnership Program and the Multi-Payer Fee Schedule, which is made possible by California's Master Plan for Kids' Mental Health, a historic investment by the State of California that takes a "whole child" approach to address the factors that contribute to the mental health and well-being of our children and youth; and

NOW, THEREFORE BE IT RESOLVED, the Board of Trustees of the Mountain View Whisman School District proudly proclaims the month of May as Mental Health Awareness Month, in recognition of any student or Mountain View Whisman School District staff member experiencing mental health challenges. Mountain View Whisman School District stands ready to support you.

PASSED AND ADOPTED by the Mountain View Whisman School District Board of Trustees on this 8<sup>th</sup> day of May, 2025, by the following vote:

Ayes:

Noes:

Absent:

Abstain:

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Clerk of the Board of Trustees  
Mountain View Whisman School District  
Santa Clara County