

Policy 5141.3: Health Examinations

Status: ADOPTED

Original Adopted Date: 09/01/1988 | **Last Revised Date:** 11/01/2010 | **Last Reviewed Date:** 11/01/2010

The Governing Board recognizes that periodic health examinations of students may lead to early detection and treatment of conditions that impact learning. Health examinations also may help in determining whether special adaptations of the school program are necessary.

CSBA NOTE: The following paragraph is for use by districts that maintain grades K-8.

The Superintendent or designee shall verify that students have complied with legal requirements for a comprehensive health screening, an oral health assessment, and immunizations at school entry. In addition, the district shall administer tests for vision, hearing, and scoliosis as required by law.

CSBA NOTE: The California Interscholastic Federation requires students in grades 9-12 to undergo medical examinations before participating in interscholastic competition; see BP 6145.2 - Athletic Competition. Pursuant to Education Code 49458, any examination required for participation in an interscholastic athletic program may be conducted by a physician or physician assistant.

The following optional paragraph extends the requirement for a medical examination to athletes at all grade levels and to cheerleaders and song leaders, and may be revised to reflect district practice.

All students who participate as cheerleaders, song leaders, or athletes in organized competitive sports shall first undergo a medical examination and submit documentation of medical clearance to the district. Upon sustaining an injury or serious illness, a student may be required to have another examination before participating further. This requirement does not apply to participants in occasional play day or field day activities.

CSBA NOTE: Education Code 49450 mandates the Board to develop rules for the physical examination of students that ensure their proper care and the confidentiality of their medical records. In November 2008, the U.S. Department of Education and U.S. Department of Health and Human Services issued guidance regarding the application of the Family Educational Rights and Privacy Act (FERPA) and the Health Insurance Portability and Accountability Act to student health records. The guidance clarifies that a student's health record maintained by the district, including a health or medical record maintained by a school nurse who is employed or under contract with a district, is a "student record" subject to FERPA. As such, it may be accessed only by parents/guardians and other persons specifically granted authority by law and those with a legitimate educational interest. See BP/AR 5125 - Student Records.

The Superintendent or designee shall ensure that staff employed to examine students exercise proper care of each student and that examination results are kept confidential. Records related to these examinations shall be maintained and released only in accordance with law.

Policy Reference Disclaimer: These references are not intended to be part of the policy itself, nor do they indicate the basis or authority for the board to enact this policy. Instead, they are provided as additional resources for those interested in the subject matter of the policy.

State References

Description

17 CCR 2950-2951	Hearing tests
5 CCR 3027	Hearing and vision screening for special education
5 CCR 3028	Audiological screening
5 CCR 590-596	Vision screening
Ed. Code 44871-44879	Employment qualifications
Ed. Code 48980	Parent/Guardian notifications
Ed. Code 49400-49414.5	Student health; general powers of school boards
Ed. Code 49422	Supervision of health and physical development
Ed. Code 49450-49458	Physical examinations of students
Ed. Code 49460-49466	Development of standardized health assessments
Gov. Code 17581.5	Specific costs mandated by the state

State References

H&S Code 120325-120380
 H&S Code 121475-121520
 H&S Code 124025-124110
 H&S Code 1685-1686

Description

[Immunization against communicable diseases](#)
[Tuberculosis tests for students](#)
[Child Health and Disability Prevention Program](#)
[Audiometrists](#)

Federal References

20 USC 1232g
 20 USC 1232h

Description

Family Educational Rights and Privacy Act (FERPA) of 1974
 Privacy rights

Management Resources References

CA Department of Health Care Services
 Publication
 California Department of Education Publication
 California Department of Education Publication
 CSBA Publication
 CSBA Publication
 U.S. Department of Education Publication
 Website
 Website
 Website
 Website
 Website

Description

Manual for the School Audiometrist
 Standards for Scoliosis Screening in California Public Schools, 2007
 A Guide for Vision Testing in California Public Schools, 2005
 Expanding Access to School Health Services: Policy Considerations for
 Governing Boards, November 2008
 Promoting Oral Health for California's Students: New Roles, New
 Opportunities for Schools, November 2008
 Joint Guidance on the Application of FERPA and HIPAA to Student Health
 Records, November 2008
[CSBA District and County Office of Education Legal Services](#)
[California Department of Education, Type 2 Diabetes Information](#)
[California Department of Education, Health Services and School Nursing](#)
[California Department of Health Care Services](#)
[CSBA](#)

Cross References

4231
 5020
 5020
 5022
 5022
 5030
 5111
 5111
 5112.2
 5125
 5125
 5141.22
 5141.22
 5141.23
 5141.23
 5141.26

Description

[Staff Development](#)
[Parent Rights And Responsibilities](#)
[Parent Rights And Responsibilities](#)
[Student And Family Privacy Rights](#)
[Student And Family Privacy Rights](#)
[Student Wellness](#)
[Admission](#)
[Admission](#)
[Exclusions From Attendance](#)
[Student Records](#)
[Student Records](#)
[Infectious Diseases](#)
[Infectious Diseases](#)
[Asthma Management](#)
[Asthma Management](#)
[Tuberculosis Testing](#)

Cross References

5141.31

5141.31

5141.32

5141.33

5141.6

5141.6

5143

5143

5145.6

5145.6-E(1)

5148

5148

6142.8

6142.8

6145.2

6145.2

6164.5

6164.5

6170.1

Description[Immunizations](#)[Immunizations](#)[Health Screening For School Entry](#)[Head Lice](#)[School Health Services](#)[School Health Services](#)[Insurance](#)[Insurance](#)[Parent/Guardian Notifications](#)[Parent/Guardian Notifications](#)[Child Care And Development](#)[Child Care And Development](#)[Comprehensive Health Education](#)[Comprehensive Health Education](#)[Athletic Competition](#)[Athletic Competition](#)[Student Success Teams](#)[Student Success Teams](#)[Transitional Kindergarten](#)