

Middle School Schedule Committee Update

March 14, 2024

Alignment to Strategic Plan 2027

Goal Area 1: Effective and consistent instructional practices that meet the needs of all students

Objective 1b: Ensure targeted instructional opportunities that maximize learning for all students

Board Goal: All students will be provided the opportunity to have at least one choice elective in their middle school schedule



Background

2017: 7 Period Schedule

- Students who were English Learners and had instructional support had no choice elective.
- Board of Trustees provided directed to revise the schedule to ensure all students received at least one choice elective

Monda	Monday, Tuesday, Friday (A Days)							
Period	Start	End	Minutes					
1	7:50 AM	8:43 AM	0:53					
2	8:47 AM	9:35 AM	0:48					
Break	9:35 AM	9:50 AM	0:15					
3	9:54 AM	10:42 AM	0:48					
4	10:46 AM	11:34 AM	0:48					
5	11:38 AM	12:26 PM	0:48					
Lunch	12:26 PM	1:06 PM	0:40					
6	1:10 PM	1:58 PM	0:48					
7	2:02 PM	2:50 PM	0:48					
	Pas	sing Period	0:04					

Wedn	Wednesday (B Day) (Late Start)					
Period	Start	End	Minutes			
2	9:25 AM	10:59 AM	1:34			
Break	10:59 AM	11:14 AM	0:15			
4	11:18 AM	12:42 PM	1:24			
Lunch	12:42 PM	1:22 PM	0:40			
6	1:26 PM	2:50 PM	1:24			
	Pas	sing Period	0:04			

)	Thursday (C Day)						
Period	Start	End	Minutes				
1	7:50 AM	9:26 AM	1:36				
Break	9:26 AM	9:41 AM	0:15				
3	9:45 AM	11:09 AM	1:24				
Mini Break	11:09 AM	11:14 AM	0:05				
5	11:18 AM	12:42 PM	1:24				
Lunch	12:42 PM	1:22 PM	0:40				
7	1:26 PM	2:50 PM	1:24				
	Pas	sing Period	0:04				

8 Period Cascading Schedule - Current

- Middle School Schedule Committee reviewed options and recommended 8 period cascading schedule
- Schedule was implemented in fall 2018
- Schedule has been refined in recent years
 - Thursday minimum day aligned with elementary schools
 - Monday late start removed
 - Shift to 1 period of math for the 0.2 math pathways

Time	Monday		Tuesday	Wednesday	Friday	Early Release Thursday	
8:25 - 9:12 AM	P-1	8:25 - 9:27 AM	P-2	P-1	P-1	8:25 - 9:14 AM	P-1
9:16 - 9:57 AM	P-2	9:31 - 10:27 AM	P-3	P-3	P-2	9:18 - 10:06 AM	P-2
10:01 - 10:42 AM	P-3	10:27 - 10:40 AM	Break			10:06 - 10:19 AM	Break
10:42 - 10:55 AM	Break	10:44 - 11:40 AM	P-4	P-4	P-3	10:23 - 11:11 AM	P-4
10:59 - 11:40 AM	P-4	11:44 - 12:40 PM	P-6	P-5	P-5	11:15 - 12:03 PM	P-5
11:44 - 12:25 AM	P -5	12:40 - 1:20 PM	Lunch			12:03 - 12:43 PM	Lunch
12:25 - 1:05 PM	Lunch	1:24 - 2:20 PM	P-7	P-7	P-6	12:47 - 1:35 PM	P-6
1:09 - 1:50 PM	P-6	2:24 - 3:20 PM	P-8	P-8	P-7	1:39 - 2:28 PM	P-8
1:54 - 2:35 PM	P-7	Dropped>	P-1 & P-5	P-2 & P-6	P-4 & P-8	Dropped>	P-3 & P-7
2:39 - 3:20 PM	P-8						
8-Period Day							



Why a New Schedule

Why a New Schedule?

- Teachers want more core instructional time with students
- Teachers expressed a concern about consistency with classes
- There is a need for dedicated time for Social Emotional Learning
- Teachers want dedicated time to complete surveys, assessments, etc. so that students are not missing instruction
- MVWSD is committed to providing all students including students who need ELD and Instructional Support at least one choice elective



Current Work

Committee Parameters

A committee was formed to review middle school schedule options at the start of the 2024 calendar year

- 2 teachers from Crittenden
- 3 teachers from Graham
- 1 Site administrator from each Middle School
- 2 Administrators from the District Office

The Committee agreed to the following parameters to guide their work

- English Language Learners must have ELD
- Students with IEPs will have an option for instructional support
- All students must have one choice elective during the regular school day
- PE minutes must be met (State requirement)
- Must be what is best for students

Committee Work

Committee met on February 13th, 2024

The committee

- discussed the concerns that had been shared and priorities for developing a schedule
- talked about how to best support students
- discussed sample schedules

Committee Work

Committee met on February 26th, 2024

The committee

- discussed the specific needs of our most at risk group of students and how we can best serve and support them
- discussed the pros and cons of two different schedules
- offered a third schedule to review

Committee Work

Committee met on February 27th, 2024

The committee

- reviewed discussions from the first two meetings and agreed to the priorities and considerations for students
- reviewed schedules with those priorities and considerations in mind
- considered impacts of each option and how to refine schedules to address impacts
- The Committee is leaning toward the combination option (Option 3) and agreed to collect stakeholder input and feedback



Schedule Options

7 period day everyday + One 65 min Advisory period once a week

	Mon	Tues	Wed	Thu	rs		Fri	Mins/Period
8:25-9:15	Per 1 (48 +2 = 50)	Per 1 (48 +2 = 50)	Per 1 (48 +2 = 50)	8:25-9:30	Advisory (65)	8:25-9:15	Per 1 (48 +2 = 50)	Per 1 = 192 + 31 = 223 min/week Announcements = 2 min/day
9:19 - 10:07	Per 2 (48)	Per 2 (48)	Per 2 (48)	9:34-10:05	Per 1 (31)	9:19 - 10:07	Per 2 (48)	Per 2 = 192 + 31 = 223 min/week
Break - 10:07-10:20	(13)	(13)	(13)	Break 10:05-10:18	(13)	Break - 10:07-10:2 0	(13)	
10:24-11:12	Per 3 (48)	Per 3 (48)	Per 3 (48)	10:22-10:53	Per 2 (31)	10:24-11:1 2	Per 3 (48)	Per 3 = 192 + 31 = 223 min/week
11:16-12:04	Per 4 (48)	Per 4 (48)	Per 4 (48)	10:57-11:28	Per 3 (31)	11:16-12:0 4	Per 4 (48)	Per 4 = 192 + 31 = 223 min/week
Lunch 12:04-12:44	Lunch (40)	Lunch (40)	Lunch (40)	11:32 - 12:03	Per 4 (31)	Lunch 12:04-12:4 4	(40)	
12:48-1:36	Per 5 (48)	Per 5 (48)	Per 5 (48)	Lunch 12:03- 12:43	Lunch (40)	12:48-1:36	Per 5 (48)	Per 5 = 192 + 31 = 223 min/week
1:40-2:28	Per 6 (48)	Per 6 (48)	Per 6 (48)	12:47 - 1:18	Per 5 (31)	1:40-2:28	Per 6 (48)	Per 6 = 192 + 31 = 223 min/week
2:32-3:20	Per 7 (48)	Per 7 (48)	Per 7 (48)	1:22- 1:53	Per 6 (31)	2:32-3:20	Per 7 (48)	Per 7 = 192 + 31 = 223 min/week
				1:57 - 2:28	Per 7 (31)			

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Regular Day Total mins per day: 415

Recess - 13 min Lunch - 40 min

Passing: 20 min

Each period is slightly different

2 periods/day must be dropped 4

days/wk

Per 1: 221 min/wk

Per 2: 207 min/wk

Per 3: 201 min/wk

Per 4: 201 min/week

Per 5: 209 min/wk

Per 6: 201 min/wk

Per 7: 201 min/wk

Per 8: 209 min/wk

Current

Per 1: ELA

Per 2: Math

Per 3: Social Studies

Per 4: Science

Per 5: PE

Per 6: ELD

Per 7: Instr. Support

Per 8: Elective

Proposed Schedule

Regular Day Total mins per day: 415

Recess - 13 min Lunch - 40 min

Passing 24 min

Each Period:

48 mins (MTWF)

31 mins (Th)

Announcements = 2 min added to

period 1

223 min/week

All classes seen daily

All classes have the same number of

instructional minutes

Advisory is 65 minutes/week

Proposed Schedule

Per 1: ELA

Per 2: Math

Per 3: Social Studies

Per 4: Science

Per 5: PE

Per 6: ELD/Inst. Sup

Per7: Elective

Pros	Cons
 Very consistent All classes have the same number of instructional minutes Advisory takes place once/week 	 Less instructional time with a longer advisory block Advisory is too long and is on a day that is short already Hard to do simulations/labs/projects without longer blocks

Block Schedule: A/B day for periods 1-6. Period 7 meets daily. Most critical need for students is scheduled period 7. Advisory 1x/ week

	Mon	Tues	Wed	Thu	rs		Fri	Mins/Period
8:25-10:05 (100 min)	Per 1	Per 2	Per 1	8:25-9:30	Advisory (65)	8:25-10:05 (100 min)	Per 2	Per 1 = 200 + 31 = 231 min/week
	5.0							Announcements = 2 min/day
10:05-10:18 (13)	Break		Break	9:34-10:05	Per 1 (31)	10:05-10:1 8 (13)		Per 2 = 200 + 31 = 231 min/week
10:22 - 12:02 (100)	Per 3	Per 4	Per 3	Break 10:05-10:18	(13)	10:22 - 12:02 (100)	Per 4	Per 3 = 200 + 31 = 231 min/week
12:02 - 12:42 (40)	Lunch	Lunch	Lunch	10:22-10:53	Per 2 (31)	12:02 - 12:42 (40)	Per 6	Per 4 = 200 + 31 = 231 min/week
12:46-2:26 (100)	Per 5	Per 6	Per 5	10:57-11:28	Per 3 (31)	12:46-2:26 (100)	Lunch	Per 5 = 200 + 31 = 231 min/week
2:30 - 3:20 (50)	Per 7	Per 7	Per 7	11:32 - 12:03	Per 4 (31)	2:30 - 3:20 (50)	Per 7	Per 6 = 200 + 31 = 231 min/week
				Lunch 12:03- 12:43	Lunch (40)			Per 7 = 200 + 31 = 231 min/week
				12:47 - 1:18	Per 5 (31)			
				1:22- 1:53	Per 6 (31)			
				1:57 - 2:28	Per 7 (31)			

Current Schedule

Regular Day Total mins per day: 415 Recess - 13 min Lunch - 40 min

Passing: 20 min

Each period is slightly different

2 periods/day must be dropped 4

days/wk

Per 1: 221 min/wk

Per 2: 207 min/wk

Per 3: 201 min/wk

Per 4: 201 min/week

Per 5: 209 min/wk

Per 6: 201 min/wk

Per 7: 201 min/wk

Per 8: 209 min/wk

Current

Per 1: ELA

Per 2: Math

Per 3: Social Studies

Per 4: Science

Per 5: PE

Per 6: ELD

Per 7: Instr. Support

Per 8: Elective

Proposed Schedule

Block schedules allow for classes to be held for longer periods of time, allowing

for more intricate lessons and projects.

Allows for students to focus on a few

courses each day.

Allows for students who struggle in one particular area to have consistency and see one teacher daily during the week

during period 7

Regular Day Total mins per day: 415

Recess - 13 min Lunch - 40 min

Passing 12 min

231 instructional min/week

All classes have the same number of instructional minutes

Advisory is 65 minutes/week

Proposed Schedule

Per 1: ELA

Per 2: Math

Per 3: Social Studies

Per 4: Science

Per 5: PE

Per 6: ELD/Inst. Sup

Per 7: Elective

Mountain View Whisman School District

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Pros	Cons
 All classes have the same number of instructional minutes Allows students to have more than 1 day to complete homework assignments 	 Student engagement is more challenging with longer blocks Behavior issues may increase with longer blocks No extra minutes for morning announcements Period 7 doesn't get the same opportunities as others
ountain View Whisman School District	 Weeks with dropped Mondays would require an adjusted schedule Advisory feels too long

7 Period Day + Advisory 1x/week

	Totals		Monday, Tuesday, Fric	lay		Wednesday		Thursday			
							-				
1	229 min	1	8:25 - 9:13 AM	48 min	1	8:25 - 9:56 AM	85 min + 6 min	2	8:25 - 9:56 AM	85 min + 6 min	
2	232 min	2	9:17 - 10:05 AM	48 min	Break	9:56 - 10:11 AM	15 min	Break	10:00 - 10:15 AM	15 min	
3	232 min	Break	10:05 - 10:20 AM	15 min	3	10:15 - 11:40 AM	85 min	4	10:19 - 11:44 AM	85 min	
4	232 min	3	10:24 - 11:12 AM	48 min	Lunch	11:40 - 12:20 PM	40 min	Lunch	11:48 - 12:28 PM	40 min	
5	232 min	4	11:16 - 12:04 PM AM	48 min	5	12:24 - 1:49 PM	85 min	ADV	12:32 - 1:09 PM	37 min	
6	232 min	Lunch	12:04 - 12:44 PM	40 min	7	1:53 - 3:20 PM	85 min + 2 min	6	1:13 - 2:28 AM	85 min	
7	232 min	5	12:48 - 1:36 PM	48 min							
A D											
V	37 min	6	1:40 - 2:28 PM	48 min							
		7	2:32 - 3:20 PM	48 min							

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Regular Day Total mins per

day: 415

Recess - 13 min Lunch - 40

min

Passing: 20 min

Each period is slightly different

2 periods/day must be

dropped 4 days/wk

Per 1: 221 min/wk

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Per 8: 209 min/wk

Current

Per 1: ELA

Per 2: Math

Per 3: Social Studies

Per 4: Science

Per 5: PE

Per 6: ELD

Per 7: Instr. Support

Per 8: Elective

Proposed Schedule

Regular Day Total mins per day: 415

Recess - 13 min Lunch - 40 min

Passing 12 min

229 instructional min/week

All classes have the same number

of instructional minutes

projects and activities

Students are not in long class periods each day. There is a balance of 48 min. periods 3 days/week and longer block days 2 days/week for

All classes have the same number of instructional minutes
Advisory is 37 minutes/week

Proposed Schedule

Per 1: ELA

Per 2: Math

Per 3: Social Studies

Per 4: Science

Per 5: PE

Per 6: ELD/Inst. Sup

Per 7: Elective

Pros	Cons
 Easier schedule for students to follow Less adjusted schedule weeks/days Allows more instructional minutes per period Longer block days allow for simulations/labs/projects Helps ease into block schedule for high school Shorter advisory allows time for dedicated SEL while allowing more time for instruction in core subjects Schedule allows teachers to start and end the week with their full group Counselors can present consistent 	 Shorter daily periods on M,T,F Two long back to back blocks on Wednesday. Would need to build in some sort of brain break
SEL lessons to all students during Mountain New Whisman School District	

7 Period schedule for students

- Provides more instructional time for core classes
- Makes the workload more manageable for students
- Provides targeted support for our neediest students
- Builds time for social emotional learning
- Builds space for students to better connect with a trusted adult
- Removal of the double block math allows for seven period day to meet students' needs

Increasing the break from 13 to 15 minutes

- Allows students time for 2nd chance breakfast
- Provides an adequate brain break for students due to larger blocks of instructional time
- Allows staff time to have a break

Advisory

- Permits time for students to engage in SEL weekly
 - Counselors to deliver SEL instruction 2X/month delivered to all classrooms simultaneously
 - All teachers are in a dedicated advisory class to supervise and support the learning
 - Teachers engage with students in the advisory class for a check in 2x/month
 - Coaches/teachers/counselors work together to understand needs and plan lessons

Even though the current 8 period day allows students to engage in a period of ELD, a period of instructional support, all core classes, and one elective, our English Learners who also need Instructional Support are not demonstrating expected growth in this format. To address this concern, the Committee discussed and considered the following:

- Combining the two classes into one strategically designed course co-taught by and ELD teacher and Educational Specialist
- Supporting language development while supporting students in learning content in a structured way
- Providing structures of English Language in ELD while providing the necessary skills identified in each child's IEP.
- Reducing the number of classes students have
- Supporting students on the path to reclassification

What we know

- All students will have access to a choice elective
- All students will receive more instructional time in core classes
- All students will engage in an Advisory period focused on SEL

What we have learned

No schedule will make everyone happy

What we need

- Clear communication
- Consistent support of process and decision



Board Direction

Board Direction Needed

Is there anything that we did not consider?



Next Steps

Next Steps

- Gather stakeholder feedback DAC, DELAC, PTA Presidents, middle school teachers, and middle school parents
- Middle School Schedule Committee will meet again to review feedback and make a recommendation to Superintendent Rudolph
- The new schedule will be communicated and be implemented in the 2024-25 school year.