

Board Policy (BP) update 5030:

### **Overview of the policy**

BP 5030 provides District Health and Wellness Policy covering the areas of nutrition and physical activity. It also provides guidelines for implementation, evaluation and reporting of specific annual goals.

This policy was amended based on Federal Regulation review requirements. California School Boards Association (CSBA) guidance was considered.

For the most part, the language in the policy remains the same with the exception of the following items:

### **Summary list of changes in the policy**

1. Federal Code and MVWSD Board Policies references updated or added.
2. Language has been added or edited to align with the District Strategic Plan, vision, and goals.
3. Language has been added to meet Federal requirements in the following sections: “Program Implementation and Evaluation” and “Notifications”.
4. The required Federal Non-Discrimination Statement is added at the end of the policy.
5. As requested by the Board of Trustees, “social-emotional and mental well-being” added.