

Creating Capacity for Social Justice

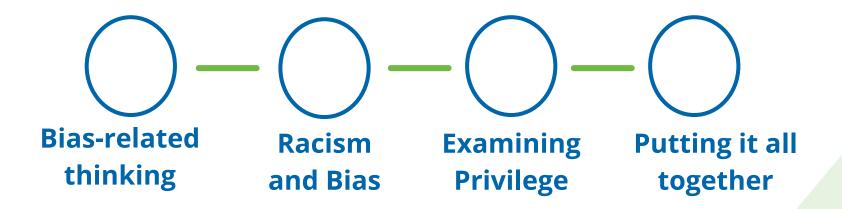
Board of Trustees

Thursday, January 13th 5:00 - 8:00 PM



Today's Agenda: An overview

An overview



What to Expect

- An introduction to equity-related topics including bias, racism, and privilege
- A discussion that results in a shift in (your) perspective

What to NOT Expect

- Closure
- Comfortability [all of the time]
- Clear next steps

Group Dynamics

The dynamic of a group is strongly influenced by the anxieties of its participants. Let's address those anxieties directly:

- 1. Acceptance anxiety: Will I be accepted, liked or wanted?
- 2. Orientation anxiety: Will I understand what is going on? Will I be able to make sense of this situation so that I can find some kind of identity within it?
- 3. Performance anxiety: Will I be able to do what I have come to learn? Will I be competent or incompetent?

These are perfectly normal fears. But if they become too strong, they may distort the group dynamic into defensive forms that can impede learning.

Group Dynamics Discussion

What kind of anxieties do you have around participating fully today? How is it affecting/not affecting the way you are showing up today?

Group Agreements

Based on what you have shared or learned about group dynamics, what sort of group agreements or norms should we have in place for today's discussion?



Bias-related thinking

Priming Activity

Consider the images on the following slides. As you see each image, pretend you are the photographer behind the camera. Give an impulse rating using the following scale:

- 1- very uncomfortable
- 2 mildly uncomfortable
- 3 mildly comfortable
- 4 very comfortable

















Priming Activity Discussion

What image(s) were you most comfortable with? Least?

What factors went into your ratings?

Implicit (unconscious) Bias



1. Visit the website

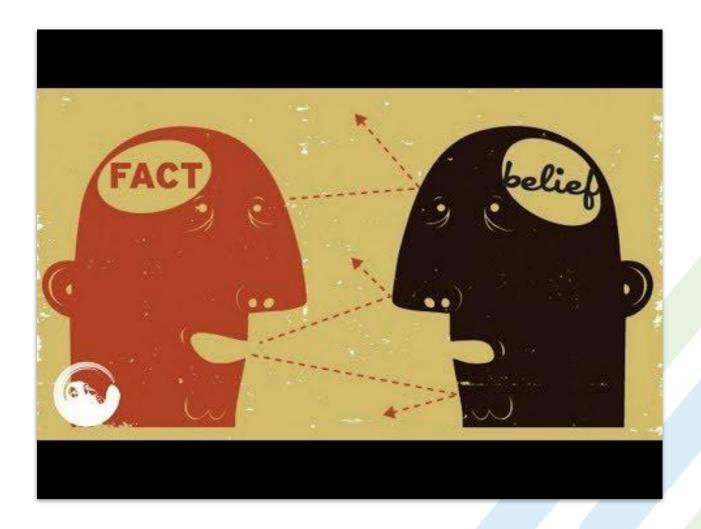


2. Start with RaceIAT



3. Take note of your results (sharing them will be optional)

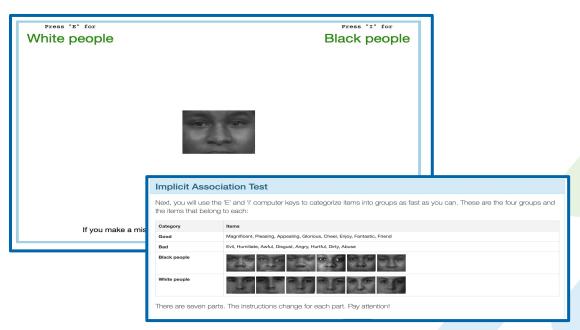
Bias-related attitudes



Implicit Attitudes Test

Remember: Sharing your results is completely optional.

What was this experience like for you?



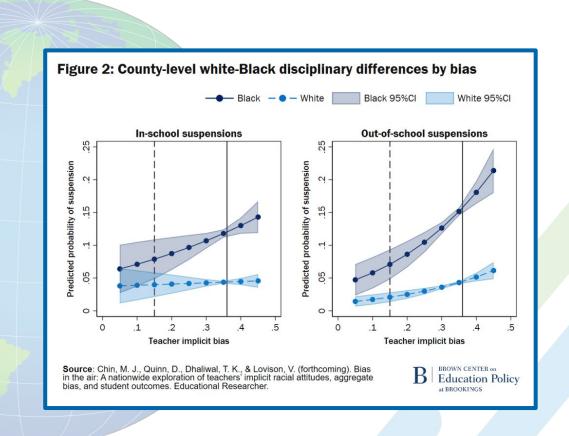
Implicit Attitudes FAQ

How does the IAT measure implicit attitudes and stereotypes?

The Implicit Association Test (IAT) measures the **strength of associations** between <u>concepts</u> (e.g., black people, gay people) and <u>evaluations</u> (e.g., good, bad) or stereotypes (e.g., athletic, clumsy).

The main idea is that making a response is easier when closely related items share the same response key. We would say that one has an implicit preference for straight people relative to gay people if they are faster to complete the task when Straight People + Good / Gay People + Bad are paired together compared to when Gay People + Good / Straight People + Bad are paired together.

Bias Reproduces Inequities



Bias Reproduces Hate



Becoming Anti-Bias

Anti-Bias - an *active* commitment to challenging prejudice, stereotyping and all forms of discrimination

*anti-bias doesn't mean we are free from bias itself

Bias and Cultural Awareness

- To combat negative effects of bias-relating thinking and behavior, we can try:
 - avoid perpetuating stereotypes
 - promote anti-bias practices
 - being aware of our own identity
 - being aware of our communities' identities
 - challenge our own assumptions as often as we can



Racism and Bias

Connections Discussion

Considering what you know about bias, how are racism and bias related?

Understanding Race: A Definition



shared physical qualities

A grouping of humans based on

behavioral differences

A subdivision of the human species based on

reflecting attitudes and beliefs

cultural invention

phenotypes (physical traits)

sufficiently different biologically that they might evolve separately

speakers of common language and national affiliation

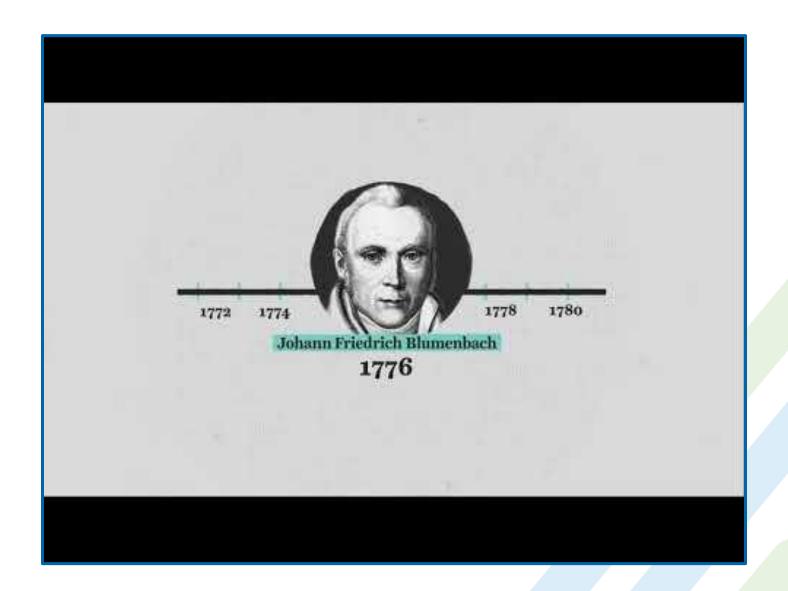
Reflect

- How easy or difficult was this activity?
- What kind of anxieties were present when you were doing this activity collaboratively?

Before the Video(s)

As you are watching, please make note of any information that changed any of your thinking or assumptions about race.

I used to think______, but now I think



After the Video

How did you connect with this video?

Did any of the content of this video change the way you think about race? racial bias?

Racism



Racist Policies

Any measure that produces or sustains racial equity between racial groups



Racist Ideas

Any idea that suggests one racial group is inferior or superior to another racial group in any way



When two or more racial groups are not standing on approximately equal footing

Anti-Racism

Anti-Racism

- Not the same as "not a racist"
- Anti-racism requires the disruption of the status quo that supports and perpetuates racial inequity
- Bystander = allows racism to continue
- Upstander = anti-racism

"Color-Blindness"

What we might say:

"I don't think of people in terms of their race or ethnicity; I am color blind when it comes to connecting with others."

What we mean:

When people say they are color blind, they are usually saying that they do not discriminate and that they treat all people equally regardless of race.

Implications:

What is the impact of NOT recognizing someone's race as a part of their lived experience?

I identify how I may unknowingly benefit from Racism.

I recognize racism is a present & current problem.

I promote & advocate for policies & leaders that are Anti-Racist.

I deny racism is a problem.

I seek out questions that make me uncomfortable. I sit with my discomfort.

I avoid hard questions. I understand my own privilege in ignoring racism.

I speak out when I see Racism in action.

Becoming Anti-Racist

Fear Zone

Learning Zone

Growth Zone

I strive to be comfortable.

I educate myself about race & structural racism.

I educate my peers how Racism harms our profession.

I talk to others who look & think like me.

I am vulnerable about my own biases & knowledge gaps.

I don't let mistakes deter me from being better.

I listen to others who think & look differently than me.

I yield positions of power to those otherwise marginalized.

I surround myself with others who think & look differently than me.



Bias, Racism, and Examining Privilege

Handling Strong Emotions

Common strong emotions when our assumptions/behaviors are challenged

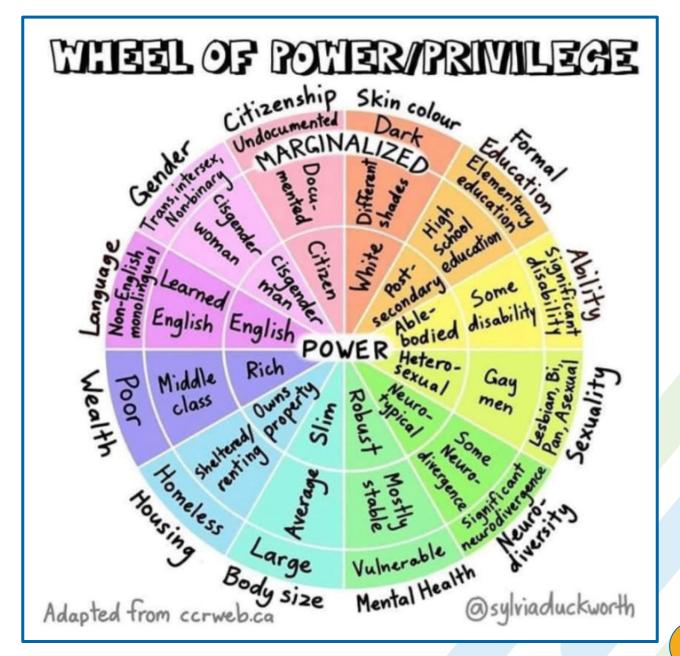
How those behaviors function when brought into the learning space (even unintentionally)

What can we do about it?

- Singled out
- Attacked
- Silenced
- Shamed
- Guilty
- Accused
- Insulted
- Judged
- Angry
- Scared
- Outraged

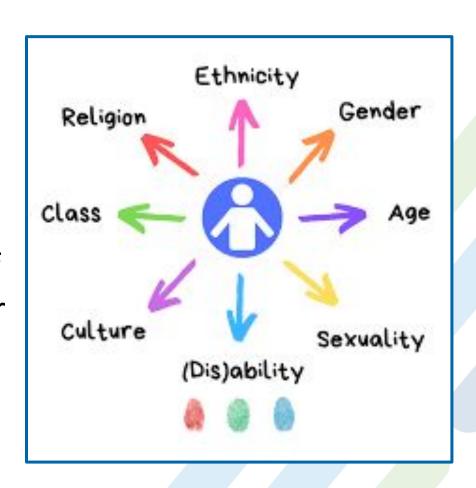
- Close off self-reflection
- Silence the discussion
- Hijack the conversation
- Protect a limited worldview
- Take race off the table
- Focus on the messenger, not the message
- Rally more resources to white privilege

- Breathe
- Listen
- Reflect
- Seek out someone with stronger analysis if you feel confused
- Take time to process your feelings, but do return to discussion



Intersectionality and Privilege

<u>Intersectionality</u> can explain how people can be privileged in some ways and definitely not privileged in others. There are many different types of privilege, not just skin color privilege, that impact the way people can move through the world or are discriminated against.



Racism and White Privilege

True or False:

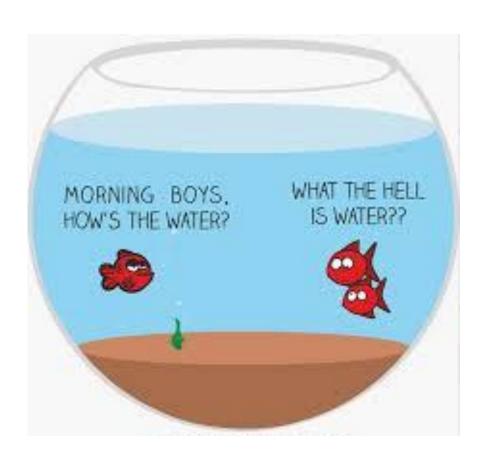
You cannot talk about racism [especially as it exists in the United States] without talking about White privilege and White supremacy.

Whiteness functions as [Power]

Whiteness functions as power by:

- Power of normal [examples?]
- Power of the benefit of the doubt [examples?]
- Power of accumulated power [examples?]

Invisibility of [White] Privilege



Society is structured to cloak white privilege:

- Taboo topics
- Good/bad binary
- Segregation
- Avoiding discomfort
- Meritocracy

Bringing it all together

What does bias have to do with racism, that is connected to [white] privilege?

How does naming the presence of racism, bias, and white supremacy make the system visible? Why is that important?

Operationalizing our values

How will people of color in our community know that you've learned something new today? How can we operationalize these shifts in our mindsets?

De-briefing

How are you feeling about what we've talked about today?

What do you hope to talk with you today and bring into other spheres in your life?

What do you still want to know or be able to do around these topics?