

Mountain View Whisman School District

Resolution 01/0321

Mental Health Month May 2021

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, all Americans face challenges in life that can impact their mental health; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions; and

WHEREAS, there are practical tools that all people can use to improve their mental health and increase resiliency; and

WHEREAS, mental health conditions are real and prevalent in our nation; and

WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full, productive lives; and

WHEREAS, each business, school, government agency, healthcare provider, organization, and individual share the burden of mental health problems and have a responsibility to promote mental wellness and support prevention efforts.

NOW, THEREFORE, BE IT RESOLVED, The Board of Trustees of the Mountain View Whisman School District does hereby proclaim May 2021 as Mental Health Month in the Mountain View Whisman School District, Mountain View, CA. As the Board of Trustees of Mountain View Whisman School District, we also call upon individuals, government agencies, public and private institutions, businesses, and schools in the Mountain View Whisman School District to recommit our community to increasing awareness and understanding of mental health, the steps our community members can take to protect their mental health, and the need for appropriate and accessible services for all people with mental health conditions.

PASSED AND ADOPTED by the Mountain View Whisman School District Board of Trustees on this 6th day of May, 2021, by the following vote:

Ayes:

Noes:

Absent:

Abstain:

Clerk of the Board of Trustees
Mountain View Whisman School District
Santa Clara County