



Mountain View  
Whisman  
School District

# Drug Abuse Resistance Education D.A.R.E

October 2020





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# Alignment to Strategic Plan

# Strategic Plan 2021

## Goal 3

- Every student, staff, family, and community member will feel valued and supported while working, learning and partnering with MVWSD

# D.A.R.E Mission and Vision

## Mission

- Teaching students good decision-making skills to help them lead safe and healthy lives

## Vision

- A world in which students everywhere are empowered to respect others and choose to lead lives free from violence, substance use, and other dangerous behaviors

# History of D.A.R.E

- D.A.R.E. instruction began in 1988 and was taught it for 12 years.
- From 2001 - 2005 MVPD implemented their own program called Y.I.E.L.D. (Youth Intervention Education for Life-long Decision making) due to the D.A.R.E program undergoing revisions
- D.A.R.E instruction returned in 2005 and continued through 2008 and then ended

# The D.A.R.E Program

- With an expressed community concern around the rise in student vaping, MVWSD met with representatives from the Youth Services Division of the MVPD to explore options for bringing the program back to MVWSD for 6th grade students



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# The D.A.R.E. Program

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- The original program was developed in 1983 through a partnership with the Los Angeles Police Department (LAPD) and the Los Angeles Unified School District (LAUSD)
- This program focused on teaching about drugs and their negative effects and was taught by Los Angeles Police officers
- The program was not interactive and more like a lecture for students
- The program has gone through a series of revisions since it was developed



# The D.A.R.E Program

- The newest version of the program is called Keeping it Real.
- The middle school version was implemented in 2008, the elementary version in 2013 and the high school version in 2016
- The Keeping it Real program focuses on teaching general life skills to support good decision making for a safe and healthy life
- The program is interactive and students spend time working in small cooperative groups to learn to use a decision making model to positively address high-risk situations that they may encounter
- The program is facilitated by local police officers who are trained by D.A.R.E.

# The D.A.R.E Decision Making Model

## Define

- Describe the problem, challenge or opportunity

## Assess

- What are your choices?

## Respond

- Make a choice. Use the facts and information that you have gathered

## Evaluate

- Review your decision. Did you make a good choice?



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# Why D.A.R.E

# D.A.R.E. Implementation Goals

- The main goal of the MVPD Youth Services Unit and MVWSD is to present D.A.R.E. to the students as a way to provide the youth in our community a framework to make safe and responsible decisions.
  - Through participation in the D.A.R.E program students learn to better respect one another, follow the rules, and make positive choices including staying strong in saying no to drugs and alcohol

# D.A.R.E Proposed Plan for 2020-21

- The program will be delivered online to MVWSD 6th graders using the D.A.R.E. remote program which is run through google classroom
- The program will be taught by MVPD officers from the Youth Services Division
- Over 11 weeks students will participate in 10 lessons and one additional lesson day where students can ask questions to the officers.
- The lessons are as follows:
  - Introduction to D.A.R.E. Keeping It Real
  - Drug Information for Responsible Decision Making
  - Risk and Consequences
  - Peer Pressure
  - Dealing with Stressful Situations
  - Basics of Communication
  - Non-Verbal Communication and Listening
  - Bullying
  - Helping Others
  - Getting Help from Others and Review



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# Next Steps

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- Get approval from the MVWSD Board of Trustees to implement the D.A.R.E program to 6th grade students in the 2020-21 school year
- Communicate with parents to provide information about the program
- Implement the program
- Assess the program and consider expansion to other grade levels if applicable