



Mountain View
Whisman
School District

Mental Health Tiers of Support

May 2, 2019



Alignment to Strategic Plan 2021

Goal 1: Every student will be prepared for high school and 21st century citizenship

- **Strategy 1.3:** Implement a multi-tiered system of support that intervenes early and often to meet the needs of all students.
 - **Desired Outcome:** There are clear Response to Instruction processes for identification, assessment, and services



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Current Staffing

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- Currently MVWSD contracts 2 Clinical Therapists – \$299,200
- Currently MVWSD has 5 school psychologists which share 10 schools
- As of April 2019, one of our clinical therapists will not be returning for the remainder of the school year. Our other clinical therapist has taken on her caseload.

Staffing Challenges in 2019-20

- The need to create a tiered process for mental health for our students has become apparent during the 18-19 school year
 - 28 students with Individual Education Plans have mental health service needs
 - 5 students with 504 plans have mental health service needs
- The addition of Vargas impacts the number of psychologists needed to effectively support all school sites
- School psychologists will serve on the Crisis Response Teams for each school in 2019-20 school year (MVWSD Toolkit for suicide prevention in development by Health and Wellness Committee)

Current Psychologist Caseloads

- Crittenden, Theuerkauf, Stevenson - 1487 students
- Graham, Landels - 1364 students
- Bubb, Huff - 1192 students
- Monta Loma, PK assessments - 546 students
- Castro, Mistral, Bilingual, Private School - 648 students



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Proposal

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- Create a job description and hire 1 in-house clinical therapist instead of contracting 2: \$162,743*
- Hire 1 additional school psychologist: 162,743*
- Total Cost - \$325,486 plus benefits (the current cost of 2 clinical therapists is \$299,200)

*Placement on step 4 of salary schedule with average cost of benefits. Potential cost neutral dependent on where candidates are placed on salary scale.

Proposal Benefits

- With the addition of a school psychologist, the district will be able to reduce the caseloads of each psychologist and allow them to support mental health needs at sites in addition to their regular responsibilities.
- Psychologists will be present at school sites to support needs more days each week.

Proposal Benefits

New Mental Health Tiers of Support

- Tier 1 – General Education CHAC Counselor
- Tier 2 – School Psychologist
- Tier 3 – Clinical Therapist

Proposed Caseloads for 2019-20

- Crittenden, Theuerkauf - 1033 students
- Landels, Bubb - 918 students
- Huff, Mistral - 952 students
- Graham, PK Assessments - 992 students
- Vargas, Castro, Bilingual, Private School- 675 students
- Monta Loma, Stevenson - 783 students



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Next Steps

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- Board approval for clinical therapist job description
- Hire a clinical therapist and a school psychologist
- Train site administrators and special education staff on new tiers of support